

# February 2018

## February 2018 Responses

### ***Shattuck Men's Stabilization***

Comments before the concert:

"Anxious"

"Just got out of the hospital"

Comments after the concert:

"More relaxed"

"Uplifted"

Audience members' favorite parts:

"Escaping from the past and looking ahead"

"The music rejuvenated me, I love the violin"

"At peace with myself, I really enjoy watching someone else's talent"

"If you listen to classical music long enough you will find something beautiful and interesting"

"New experience, I enjoyed it immensely"

"Playing his Stradivarius is like driving a his Lamborghini!"

### ***Dimock Women's Center***

Comments before the concert:

"Hot and tired"

"A little stressed"

Comments after the concert:

"Cheerful"

"At ease"

Audience members' favorite parts:

"Music always heals the soul"

"It was condensed to two violins but sounded like a whole orchestra. Plus the emotions the musicians played with."

"Hearing familiar music"

# February 2018

"All of it, it was beautiful"

"I love live music, my mother was a pianist"

"I love to close my eyes and let the world disappear"

"You guys made me think about my 12 year old daughter, she plays the violin. You guys made me realize I never found the time to ask her to play for me. And after listening to you both I wish I had asked her to play for me."

## ***Dimock Men's Center***

Comments before the concert:

"Bewildered"

"Upset with my life!"

Comments after the concert:

"Inspired"

"Relaxed"

Audience members' favorite parts:

"Made me feel at peace."

"Enlightened to a new form of music, it was really stimulating"

"Made me feel open, while the music soothed my soul."

"Very soothing music, I felt relaxed It brought me out of myself"

"The musicians were very educational"

"I got a chance to get out of my head while the music flowed through my body"

## ***Caspar Emergency Shelter***

Comments before the concert:

"Aggravated"

"A little tired from a busy day"

Comments after the concert:

"Enlightened"

"Stress free"

Audience members' favorite parts:

"The blending of history with music, through song."

## February 2018

“It would be difficult to pick just one part. I enjoyed the whole concert immensely.”

“Thank you! Everything. I enjoy hearing music, the artists played exquisitely.”

“How they educated us for those of us that are still clueless about classical music and the instruments involved, with a bit of history.”

“Being able to talk about the sounds the instruments made.

## March 2018 Responses

### ***Shattuck Stabilization***

Comments before the concert:

“Honestly I felt depressed”

“I was feeling okay”

Comments after the concert:

“Very peaceful, and serene”

“Very happy, it brought me back in a time where things were good. Thank you so much!”

Audience members' favorite parts:

“More mentally awake”

“Watching everyone around me mesmerized by the enchanting concert and musicians”

“I enjoyed the fact that we talked about the pieces and that they made us laugh.

“I also grew up in a religious family and I started to learn to play violin so it brought me back to when I was a boy.”

“Watching your movements while you were playing and I loved the music.”

“The ladies were very nice and involved us a lot.”

“They played very good and played good songs. I liked it a lot!”

“The respect amongst the group.”

“Reading about the composers and being exposed to a different kind of music.”

### ***PSI Women's Inn***

Audience members' favorite parts:

“Forgot about my problems for a while”

## March 2018

"I'll sleep well tonight"

"Could tell the guests' anxiety level lowered."

"Left me with a smile."

"Thank you for explaining different things about the music"

"I especially like the energy of the last song by Zack Browning, it reminded me of my life and the flow of my own energy."

"I enjoyed the peaceful present."

### ***PSI Shattuck Inn***

Comments before the concert:

"Pensive. I was writing a letter to my father, with whom I haven't spoken in 10 years."

Comments after the concert:

"Energized and relieved. Your music gave me something to write about to break the tension of the letter. He loves classical music."

Audience members' favorite parts:

"Now I want to hear more"

"It was very nice, please come back again."

"I feel good about the concert, it made me feel great."

"The violin is my favorite."

"The introductions to each piece: no talking down to this audience."

### ***Lifebridge Salem***

Audience members' favorite parts:

"After the last piece, so chaotic, it made me appreciate the ability of both women and their instruments in bringing it together. (It takes a lot of breadth!)"

"Good job, thank you! Everything was amazing!"

"It was relaxing"

"Differences in music selection, nice variety."

"Refreshed"

### ***Dimock Women's Center***

# March 2018

Comments before the concert:

“Tired and overwhelmed”

“Low energy, tired”

Comments after the concert:

“Relaxed”

“Rejuvenated”

Audience members’ favorite parts:

“The music brought me back to a very happy time in my childhood”

“I love experiencing new things and I feel honored”

“I really enjoyed the last piece, it wakes you up!”

“Tranquility of the music. It was wonderful, truly magnificent.”

“The emotions I felt during the different pieces”

## ***Dimock Men’s Center***

Audience members’ favorite parts:

“Confident”

“Thrilled”

“Elated”

“Put my mind at ease”

“I am going to get an instrument. I like this f\*\*\*ing s\*\*t so much!”

“I went to see Romeo and Juliet at the Boston Ballet. I listen to opera, like Carmen.”

## ***Caspar Emergency Shelter***

Audience members’ favorite parts:

“I like heavy metal but now I am more open to soft soothing music.”

“I felt very mellow and relaxed.”

“My night was a lot better. Thank you!”

“Professionalism of musicians”

“I really just loved the feeling I got from the music. It was absolutely beautiful.”

“The musicians were great and they did a great job.”

# March 2018

“Thank you for coming and playing for us. It is a very kind thing and also very fun and great practice!”

## April 2018 Responses

### ***Bridge Over Troubled Waters***

Comments after the concert:

“Calm”

“Warm”

“Like my brain just stepped out of a giant massage machine”

“Better”

### ***Caspar***

Comments after the concert:

“Rejuvenated”

“Soothed”

“Less tension”

“Strong feelings”

“Elated”

### ***Dimock Men’s Center***

Comments after the concert:

“Refreshed”

“Amused”

“Put me to sleep”

“Serene”

### ***Dimock Women’s Program***

Comments after the concert:

“Excited”

# April 2018

“No more anxiety”

“Not sad, not depressed”

“Happy”

“In good spirits”

“Grateful”

“Awake”

## ***Lifebridge***

Comments after the concert:

“Absolutely wonderful!”

“Less anxious”

“Full of indescribable feeling”

“Inspired”

## ***PSI Shattuck***

Comments after the concert:

“Happy”

“Enthused”

## ***PSI Women's***

Comments after the concert:

“Ready for the day”

“Uplifted”

“Comforted”

“Joyful”

Audience members' favorite parts:

“Serenity was flowing”

“Interested in continuing to listen more”

“I'm having surgery in the morning, it really relaxed my mind.”

# April 2018

## ***Shattuck Men's Stabilization***

Comments after the concert:

"Soothing"

"Stress free"

"Beautiful music"

"Intrigued, invigorated"

Audience members' favorite parts:

"Wanted to live a better life"

"Interested in continuing to listen more"

"I'm having surgery in the morning, it really relaxed my mind."

"So good it put me to sleep"

# May 2018 Responses

## ***Shattuck Men's Stabilization***

Comments after the concert:

"Appreciative"

"Awake"

"At peace"

"In a good mood"

Audience members' favorite parts:

"Felt like I was in another world"

## ***PSI Shattuck***

Comments after the concert:

"Replenished"

"More present"

"Pleased"

## ***PSI Women's Inn***



# May 2018

Comments after the concert:

“I enjoyed it very much”

“Smiling”

“Calm”

Audience members' favorite parts:

“The concert was a moment in time that effectively took us back to hear what the composer was thinking, feeling,, saying in notes as he composed each sonata and concerto.”

## ***Lifebridge***

Comments after the concert:

“Better mood”

“Accepted”

“Not as anxious”

Audience members' favorite parts:

“Didn't think about what has been on my mind as much, thank you!”

## ***Dimock Women's Program***

Comments after the concert:

“Moved by the music”

“Positive energy”

“Quiet mind”

“Peaceful”

Audience members' favorite parts:

“No more headache”

“Glad I enjoyed something different”

## ***Dimock Men's Program***

Comments after the concert:

“Brain was stimulated”

# May 2018

“Upbeat”

“Less tense”

“Renewed”

Audience members’ favorite parts:

“My spirit was lifted”

## ***Caspar***

Comments after the concert:

“Much better”

“Pleasant”

“Relaxed”

## ***Bridge Over Troubled Waters***

Comments after the concert:

“Giggly”

“Excited”

“Awe”

“Encouraged”

# June 2018 Responses

## ***Lifebridge***

Comments before the concert:

“Anxiety filled, depressed”

“Restless”

“Tired and bored”

“Down, sad”

Comments after the concert:

“Anxiety was not as much, got my mind off things for the duration of the performance”

“Relaxed”

# June 2018

“Relieved and at ease”

“Relaxed and ready for bed”

Audience members’ favorite parts:

“The energy in the music: so great”

“How quiet it was, and how beautiful the music was”

“Love you guys for bringing spirit to the building”

“The wonderful, talented live performers, and the music itself just as much”

## ***PSI Women’s***

Comments before the concert:

“A little stressed”

“Kind of hopeful”

“I felt content”

Comments after the concert:

“Relaxed”

“Very serene, comfortable, at peace”

“Uplifted”

Audience members’ favorite parts:

“The stories told regarding the music, very interesting”

“Everything”

“All of it, very relaxing and comforting”

“I love classical music”

## ***Caspar***

Comments before the concert:

“Settling in, collecting myself, scattered and restless”

“Stressed”

“Just ok”

Comments after the concert:

“Rested and relieved”

# June 2018

“Laid back, relaxed”

“Energetic, excited”

Audience members' favorite parts:

“La musica”

“Watching the instruments being played in sync”

“Your expression”

“The woodwinds and the string instruments”

## ***Shattuck Stabilization***

Comments before the concert:

“Like shit”

“To be honest I was feeling a little bit down”

“Flat and distant”

“I was interested because both of my daughters play the violin and I can talk about something they can relate to”

“I'm actually having a stomach problem today”

“Aggravated”

“Curious about it”

Comments after the concert:

“Fucking awesome”

“I feel relief, your music helped sooth my mind, body, and soul, and I'm going through tough times. Thanks”

“Entertained, comfortable, happy”

“I felt relaxed but attentive”

“It honestly doesn't feel as bad and I enjoyed listening to the music, it distracted the pain.”

“Relaxed”

“Uplifted, made me really appreciate this type of music”

Audience members' favorite parts:

“You thoughtful wonderful ladies made my day. So generous of you, thank you both.”

“The amazing emotion and devotion in your playing. Excellent, good luck”

# June 2018

“Brought back memories and reminded me of the love I have for all music”

“The chance to be able to listen to such amazing talent and someone took the time to display such talent for us”

“Just about everybody was quiet”

“Musicians were engaged and answered all questions”

“I could tell when scenes were sad and happy. Interesting.”

## ***PSI Shattuck***

Comments before the concert:

“Tired”

“Angry (issues)”

“Had a disappointing day, felt down”

Comments after the concert:

“Revitalized”

“Very content, amazed, it was a privilege to attend and see the talent”

“Feel better”

Audience members' favorite parts:

“The way the music spoke”

“The music and the story. I could visualize the music and emotions. Really enjoyed the activity in the music”

“Lo bariado de lo mejor ribole to demases historia”

“The ability and level they have accomplished as violinist. Very happy, can't wait to see and hear them again”

## ***Dimock Women's***

Comments before the concert:

“Uptight, stressed out”

“Pissed off”

“Manic”

“Unsure/give it a try”

# June 2018

Comments after the concert:

“Rejuvenated, cheerful, joyful, relaxed”

“Still pissed but the music was beautiful”

“Relaxed”

“I loved it, it was awesome”

Audience members' favorite parts:

“The familiarity of certain pieces”

“Relaxation of the sounds”

“Thank you for this very thoughtful, opened a new world of music/thought/mindset for myself. I really appreciate classical music and how it makes me feel”

“All of it, and how they explained it to us”

“It was amazing, shocking”

“The sounds, listening”

## ***Dimock Men's***

Comments before the concert:

“Tired, bored”

“I was angry”

“Weird, don't know this is”

“Kinda down, a little sad”

“Surprised”

Comments after the concert:

“Better, energized”

“A lot calmer”

“Good music”

“I enjoyed it a lot”

“Relaxed”

Audience members' favorite parts:

“The passion”

“The notes, the connection I had, it was relaxing”

## June 2018

“Getting out of the house, never seen that before”

“Story behind the music”

“The fast-paced songs”

“Everything, it was very good and relaxing”

### ***Bridge Over Troubled Waters***

Comments before the concert:

“Bit down”

“I was excited about the concert”

Comments after the concert:

“More energetic and happy”

“I feel inspired after because I am a former musician and I would like to get back into music”

Audience members' favorite parts:

“The variety of tunes played”

“Looking at the sheet music”

“That I recognized some of the music”

“The fast music”

## July 2018 Responses

### ***Lifebridge***

Comments before the concert:

“Tired, late in day!”

“Highly anxious”

“I go to all”

“Good”

Comments after the concert:

“Much more energized, interested in classical music!”

“Anxious, but much less than before the concert”

# July 2018

“Relax”

“Better”

Audience members' favorite parts:

“I loved the music. It made me feel so mellow. I had a lot of stress and it made me relaxed”

“The excitement from the musicians”

“I have enjoyed every concert”

“Learning about the bassoon and clarinet”

“Music was beautiful”

## ***PSI Women's***

Comments before the concert:

“Okay”

“Not so happy”

“I was so delighted to hear classical music live, I usually listen to classical music on the radio for relaxation and to stimulate my mind”

“Aburidada deprimidad”

Comments after the concert:

“Much better”

“Very happy, music is joyful”

“I enjoyed and was so glad to hear that kind of music it inspires me to want to learn and play an instrument”

“Allegre feliz”

Audience members' favorite parts:

“Everything, the music and the ladies expressing everything they did. So soothing and peaceful, great way to end the evening. Thanks”

“I never know what people mean when they talk about the meaning of movies they watch. I don't get the meanings. But MUSIC is what gets to me. Music has saved my life.”

“The variety of music pieces. They just did not play one piece or style of music but varieties of style to express each instrument's style of sound”

“I got to share my music too”

“Glad that I could hear live music for free. Thank you.”



# July 2018

## ***Caspar***

Comments before the concert:

“Tired, eager for tomorrow”

“Anxious, Aggravated, on edge”

“Down”

“Bored, sad”

Comments after the concert:

“Joyful”

“Pleasantly soothed, at ease”

“Happy”

“Relaxed”

Audience members’ favorite parts:

“Hollywood, awesome, great show”

“The melodies played, the sounds of each instrument”

“The music, music is the best”

“la musica y los tonos”

## ***Shattuck Stabilization***

Comments before the concert:

“Normal, but a bit bored”

“Stressed out”

“A little down, depressed”

“Miserable”

“I had a stomachache”

Comments after the concert:

“Blessed, grateful, and looking forward to the next one”

“Wonderful”

“Slightly happy. Performers were excellent. Involved all people- questions, comments, etc.”

# July 2018

“Better”

“Physically a little better, and my spirits were better”

Audience members’ favorite parts:

“A few things... These are very well-trained musicians and well rehearsed, they are graceful and a bit mad even! In the best way, meaning their personalities are each well represented in the presentation. They are patient and respectful. I really, really, really enjoyed these ladies! I hope that there continues to be funding available for programs like this. Many men and women who are fortunate enough to hear these presentations may never make it to the symphony. Conversely, those with no former acquaintance with music, classical or otherwise, may now be motivated to pursue a new hobby, and perhaps even experience a better quality of life because of it! Thanks so much!”

“How nice the people were to me”

“I loved it so much! 2 thumbs up, hope to hear more. The ladies were polite and professional”

“That piece sounded like what we’re going through. It shows us there is light at the end of the tunnel”

“This is the best thing that’s happened to me today.”

## ***PSI Shattuck***

Comments before the concert:

“Kind of unsettled”

“Content”

Comments after the concert:

“Relaxed”

“Satisfied and culture, content”

Audience members’ favorite parts:

“So much talent, so beautiful, love it!”

“The wonderful music and the chance to relax listening to it”

“Awesome, fantastic, phenomenal, really good”

## ***Dimock Women’s***

Comments before the concert:

“Tense, tired, depressed, didn’t want to come here and watch this concert at all tonight”

# July 2018

"Angry, sobriety sucks sometimes"

"Today was a long day, I had errands all day, so I was a bit tense"

"Bored"

Comments after the concert:

"I felt more relaxed, not tense, not depressed, in a better mood. I was really glad that I had come after all to this concert tonight. I really enjoyed the whole thing tonight. All performers and instruments playing together at once."

"Like a hummingbird"

"I feel relaxed now, it was very soothing"

"I enjoyed something new and different"

Audience members' favorite parts:

"Nice women, everyone coming together to listen. I enjoyed that the women took their own time out to come share with us ladies, and enjoyed learning about the instruments and music."

"That it was amazingly beautiful. My first love was an opera singer. Favorites are Puccini, Brahms, Debussy. Thank you so much, I get all excited when you play for us."

"All of it, liked the women who play so happy"

## ***Dimock Men's***

Comments before the concert:

"Anxious"

"I felt excited even though I had a headache"

"A tad stressed and tired"

Comments after the concert:

"Relaxed, soothing"

"Excellent, relaxed, headache is dissipating"

"I loved it- it was a great experience, more relaxed"

Audience members' favorite parts:

"How different it was from the previous concerts at Dimock. I enjoyed the different genres and styles and the information given by the instrumentalists"

"The way she switched up the flow of the music based on what we picked"

"All of it, it was a nice reprieve. Your time was appreciated, thank you!"

# July 2018

“Soothing music”

## ***Bridge Over Troubled Waters***

Comments before the concert:

“Normal”

“I have been at a concert for shelter music”

Comments after the concert:

“Relieved”

“I felt very relaxed”

Audience members’ favorite parts:

“Just hearing the music”

“Engagement with the audience”

“How great the music was played”

# August 2018 Responses

## ***Lifebridge***

Comments before the concert:

“Preoccupied with thoughts about Monday”

“Like most nights, tired, uneventful, unfulfilled”

“Okay, a little stressed”

Comments after the concert:

“Inspired and at peace”

“Slightly dizzy with creative emotions, soulfully satisfied”

“Amazing”

Audience members’ favorite parts:

“I listened to classical music when I was a kid. My parents paid for me to have music appreciation classes. Classical is my favorite and then heavy metal. I listen to music, but I AM music”

“Vast array of talent, music and song married in the author’s vision with help from the homeless

# August 2018

“The inclusiveness of the performers and audience, the explanations of the provenance of the pieces, and the music itself.”

“I could feel the music deep within”

## ***PSI Women’s***

Comments before the concert:

“Triste”

“A bit unsettled”

“Grateful, blessed, and joyous to have seen your concert in person”

“Silly”

Comments after the concert:

“Cheia de esperanes”

“Peaceful, serene, full of love”

“Blessed and at peace”

“Complete relaxation”

Audience members’ favorite parts:

“The gentleman whose first music was mourning (voice). It brought back vivid memories of my mother, who has left this life, a few years past...”

“The different compositions and how they were connected to the emotional life of homelessness! Beautifully done, nice to see all the musicians! Please if possible compose one about broken pieces”

“The blending of the voices was great. I didn’t feel vibrations in my chest but I wish I could.”

“The calmness, inner peace, to relax for the day”

## ***Caspar***

Comments before the concert:

“Tired and depressed”

“I came in late and wished I could have gotten more”

“Muy bien saber que nos vienen adar algo de alds”

Comments after the concert:

“Thankful and reassured, a bit special as well as hopeful. It was wonderful”

# August 2018

"I wanted to hear more music. Encore!"

"Dar gracias, a todos y cada uno, por darnos un poco de su tiempo. y traenos alegria. nuevamente. muchas gracias.

Audience members' favorite parts:

"Voices, unbelievable control of their voices, do this more often. We were able to make a masterpiece."

"Think it was the very best concert, top of my list."

"All was tremendous, but the singing was exquisite."

## ***Shattuck Stabilization***

Comments before the concert:

"Honestly I was having flashbacks of the life I had before drugs. Losing my soulmate and daughter, and wishing I had them back."

"Ready to call it a day"

"A lot of issues and problems"

Comments after the concert:

"I felt comfortable, like I was back to a time where I didn't need something like heroin to make me feel like myself. It made me wish I was there again"

"Inspired, motivated, ambitious"

"Relieved"

Audience members' favorite parts:

"All of it was more than I expected, it was great."

"I just enjoyed the chance to hear music again. Music makes the world a better place and brings back so much comfort."

"Musical therapy"

"Collaboration of greatness"

## ***PSI Shattuck***

Comments before the concert:

"Sad"

"Restless"

"Painful"

# August 2018

Comments after the concert:

"I felt happy to hear the music."

"Calmer"

"Relaxing"

Audience members' favorite parts:

"Everything"

"Just the live sound."

"The variety of instruments."

## ***Dimock Women's***

Comments before the concert:

"Very excited to be able to hear some professional musicians."

"Stressed"

"Very anxious and on edge."

Comments after the concert:

"A release in my soul. Created an out of body experience."

"Now I'm not stressed. Happy, ready for bed."

"Calm and feel better about the next steps in my recovery."

Audience members' favorite parts:

"I thought it was an interesting idea to play music usually meant for the highest class in society for the lowest class, the homeless. A lot of homeless people are smart and cultured, and were once in higher classes of society, but for one reason or another, ended up in the margins of it. It also reminded me of the lack of a middle class in today's America. I think you should write a song paying homage to America's lost middle class."

"The fact that our words touched the composers enough to inspire new music."

"I was amazed the songs touched my soul. It releases the beauty of positive energy."

"All of it"

"They were a family."

## ***Dimock Men's***

Comments before the concert:

# August 2018

"Lethargic. I was also suffering from a headache. As the music became more intense, my headache dissipated."

"I felt moody"

"I had the chance to not have to think too much and let my thoughts stop to let my spirit run free."

"Tired, stressed, and anxious"

Comments after the concert:

"Relaxed, refreshed, eager to explore more classical music."

"I felt as if my soul was dancing with my higher power (God)"

"Light"

"I felt at peace with my mind, body, and spirit. Alive"

Audience members' favorite parts:

"I enjoyed the controlled chaos of all of the different instruments. The vocalists were stunning. Strings on point. Percussion (marimba) was a welcome addition to the experience."

"That you all are willing to spend your evening to try and make us feel better. It is both validating and heartwarming."

"It was unexpected and phenomenal! Looking forward to more. Thank you, this really touched my heart."

"It was a beautiful collaboration of agony and hopelessness to spirituality and tranquility. A resolve."

## ***Bridge Over Troubled Waters***

Comments before the concert:

"Excited"

"Wasn't expecting it to be good."

"Kinda down"

Comments after the concert:

"Delighted"

"It was really good, I very much enjoyed it. I felt pretty good, definitely was able to escape my mind for a second."

"I felt great. Always good when you guys come in to perform for us."

Audience members' favorite parts:



# August 2018

"It sounds like lord of the rings."

"All the singers all working together, making the music sound beautiful together."

"Being able to listen to good live music."

## September 2018 Responses

### *Lifebridge*

Comments before the concert:

"I was tired and hungry because I missed dinner."

"Very tired"

Comments after the concert:

"Revitalized, my ears feel good."

"Uplifted"

Audience members' favorite parts:

"The crisp highs of the viola and violin were gorgeous and contrasted very nicely with the cello and its dominant lows. The pieces chosen were well picked and diverse."

"The independent interaction with the performers."

"I love listening to string instruments. I feel it's very calming."

### *PSI Women's*

Comments before the concert:

"Tired, stressed, gloomy. Four months to the day my sweet 93-year old mom died in my arms in hospice. So, not good."

"Lonely and depressed"

"Tense from a long day"

Comments after the concert:

"Uplifted, much happier—remembering and feeling (in particular) the joy in this beautiful world."

"My spirits lifted, brought me inner peace"

"Relaxed"

Audience members' favorite parts:

# September 2018

"Thanks for being here for the homeless. Your music and presence have filled the void in my heart. Thank you, you are appreciated."

"I learn to live and live to learn."

"The music and getting together with the others."

"The music brought back memories when I played 4 years in school in an orchestra. I was in second violin and viola."

"Always gives me a sense of peace/calm"

## ***Caspar***

Comments before the concert:

"I was slightly anxious and irritated."

"Nursing a toothache"

"Preoccupied"

Comments after the concert:

"After the program I felt uplifted, energized, and renewed."

"More at ease"

"Thoughtful"

Audience members' favorite parts:

"Is there anything better than Beethoven? Fabulous, thank you!"

"No mistakes"

"It was quite a change of scenery. The pieces were beautiful. Reading the information on the composers give me a little taste of their culture. Thanks for a change of scenery, blessings."

## ***Shattuck Stabilization***

Comments before the concert:

"Restless and tired from my daily routine."

"I was in a lower think."

"Didn't know what to expect"

"Sad"

Comments after the concert:

## September 2018

"Among all, I was grateful and more energetic from hearing live music played very, very well."

"Better, much better"

"I really enjoyed it"

"Uplifted, thank you for the blessing of classical music."

Audience members' favorite parts:

"The music of course, and for you all for coming today."

"The variety of ranges that the music went thru, although all were soothing. Even the noise of the Native American piece."

"The diversity of the pieces, the range of time of when they were written and the musicians' knowledge when answering our questions. The general care that was taken to allow us to enjoy this."

"The music, the energy"

"I really enjoyed everything about it."

### ***PSI Shattuck***

Comments before the concert:

"Okay"

"Mad"

"The concert was excellent. It was very entertaining and I learned a lot."

Comments after the concert:

"Happy, the music was very soothing. Peaceful."

"Good"

"I felt that I learned to like a different genre of music."

Audience members' favorite parts:

"Change of mood"

"The way they were so in sync with each other."

"Kodaly, Beethoven"

"When the two violins played together."

### ***Dimock Women's***

# September 2018

Comments before the concert:

"Tired and restless"

"My head was disengaged, compilation of melancholy thoughts. I've been in low spirits."

"I was interested/curious to see what it was about"

"Did not want to go"

Comments after the concert:

"Inspired and creative"

"Much more free and lighthearted as if some of the pieces described the chaos in my head."

"Inspired! I am a writer and even have a new blog post idea from Raven."

"I actually enjoyed it"

Audience members' favorite parts:

"The new piece of noise music from the native composer."

"The energy you all put into it."

"Learning the stories about the composers and seeing the passion of the three of you!"

"The sound of the violin"

"Quiet, no talking, and enjoying the music"

## ***Dimock Men's***

Comments before the concert:

"Excited about attending"

"Interested. It was really amazing, thank you guys very much!"

"Annoyed"

"Great"

Comments after the concert:

"Disappointed that it had to end!"

"Was blown away, it was awesome"

"Uplifted, positive"

"Too good to be true"

Audience members' favorite parts:

## September 2018

"The cello solo and the last two pieces were outstanding. Some of the best live music I've ever heard."

"The beauty and art of the music"

"Thank you so much for spending your Friday evening with us. The music was lovely and you were all very kind."

### ***Bridge Over Troubled Waters***

Comments before the concert:

"A bit down about my health"

"Normal work mode."

"I was excited because you always come."

Comments after the concert:

"More upbeat, it was really calming."

"Relaxed"

"I feel good about the concert because I enjoy hearing various music"

Audience members' favorite parts:

"The different noises and sounds the instruments could make."

"I enjoyed looking at the sheet music."

"The music surrounding it. Made me think back on TV shows that I viewed on WCBH2."

"The great classical music choices."

## December 2018 Responses

### ***Lifebridge***

Comments before the concert:

"Disconnected and cold"

"Excellent. Come again!"

"Depressed"

Comments after the concert:

"Uncontrived, completely at ease and my vibratory sense was warmed like my soul. Thank you"

# December 2018

“Like it’s already Christmas”

“Amazing, joyful”

Audience members’ favorite parts:

“The joy and pride displayed by the musicians.”

“EVERYTHING”

“She sings like my mother. My mother died on Xmas Eve.”

“The Christmas spirit and positive energy”

“Good harmonizing. I liked the way the strings sounded like other instruments: the flute, trumpet.”

## ***Shattuck Stabilization***

Comments before the concert:

“Depressed and anxious”

“Stressed out”

“ok.”

“Happy to be going in 2 a concert”

Comments after the concert:

“Hopefull and peacefull. Happy. Remembering this time of year as a kid.”

“Relaxed its good to get a little culture in places like this”

“felt a bit more motivated.”

“Refreshed + relaxed”

Audience members’ favorite parts:

“Today I especially enjoyed the vocals – the depth of dimension it added 2 the music”

“Friendliness of performers and their talents”

“The time well spent enjoyed it!! :) Great job”

“The calm relaxing feeling I got...”

“There passion”

## ***Caspar***

Comments before the concert:

# December 2018

“Anxiously restless”

“Good”

Comments after the concert:

“pleasingly soothed, relaxed, delighted”

“Better”

Audience members’ favorite parts:

“Just wonderful”

“The music”

“Sing along”

## ***Dimock Women’s***

Comments before the concert:

“sad, angry, annoyed”

“Chaotic”

“Tired, bored, not motivated, not happy, very sad, depressed lonely, aggravated, tense”

“mad, sad, anxious, tired”

Comments after the concert:

“Happier than I was before the music”

“Serene. Peaceful.”

“Way better than at the beginning of the concert (show), more awake, not bored, content, relaxed, comfortable, happy, way better mood, at peace, with my Dads company next to me, (God) in heaven”

“amazingly renewed”

Audience members’ favorite parts:

“just think its awesome that you guys perform for people who can’t afford to see concert”

“The sing-a-long to the Christmas songs at the end was fun”

“Feeling the sound cleanse my spirit”

“where the music takes you in your mind and heart”

“I loved all of the strings, it was beautiful. It made Christmas more joyful. Especially because these holidays are difficult being away from our families. It’s sad, but a good

# December 2018

warm feeling was felt. I loved it, it brought me back to childhood memories. Thank you for doing what your doing. God is good. Tx you. Happy Holidays.”

## ***Dimock Men’s***

Comments before the concert:

“Ready to end my night”

“down and depressed”

“It was nice, I don’t have much Christmas spirit this year.”

“It relieved stress, concerned, irritable”

Comments after the concert:

“Amazingly energized”

“relaxed and at peace!”

“A little better.”

“Welcome”

Audience members’ favorite parts:

“Made the Christmas spirit alive”

“best one I’ve heard so far”

“empathetically spiritual”

“Everything. The musicians are amazing. Erin is incredible. Could listen to her all night.”

“The composition, harmonies, and skills!!!!”

## ***Bridge Over Troubled Waters***

Comments before the concert:

“I felt okay before the concert”

“Excellent”

“I felt excited about hearing music again”

Comments after the concert:

“After the concert I feel happier after hearing the relaxing and Christmas songs.”

“Little cherrier, woken up”

“I feel great about listening to the music and hearing some lyrics in certain songs”



# December 2018

Audience members' favorite parts:

"I enjoyed just relaxing and hearing all the different sounds the instruments made."

"Their skill and passion"

"The last song 'Chestnuts Roasting On An Open Fire'"

"The way the instruments changed sounds"

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